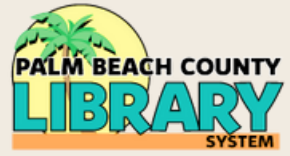




UNIVERSITY OF MIAMI  
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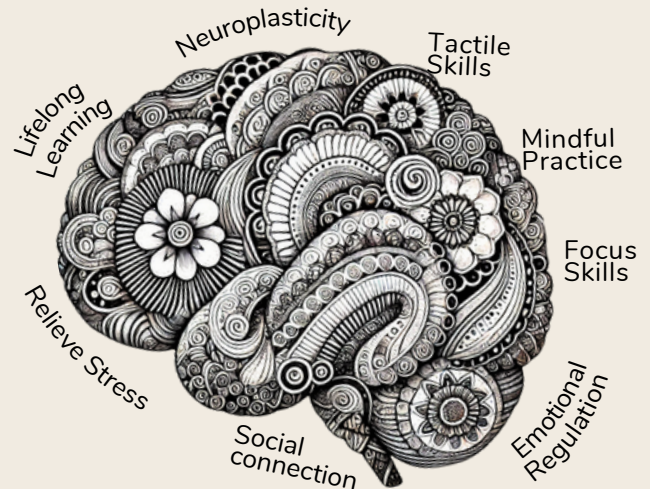


# ZENTANLGE®

A Mindful Drawing Phenomenon

Join us at Hagen Ranch Road Library in Delray Beach

Zentangle is a drawing method that applies structured, repetitive patterns to create beautiful abstract designs. It is easy-to-learn, requires minimal materials, and can be complete in a short time frame. It is a relaxing art form that provides structure to explore and experiment with shapes and patterns, build self-gratitude, and express creativity.



## 3-Workshops in the Zentangle Program Thursdays, September 4, 11, & 18, 2025 1:30 - 3:00 PM

Each workshop is different and teaches new skills.



- Registration required with Hagen Ranch library
- Limited space
- [Click here](#) to register (Opens Aug 21st)
- Library phone: 561-894-7500
- Library Address: 14350 Hagen Ranch Rd,  
Delray Beach, FL 33446
- Web: [pbclibrary.bibliocommons.com/v2/events](http://pbclibrary.bibliocommons.com/v2/events)
- No drawing or art experience is required
- No cost and no materials needed to participate

CCBH Outreach provides science-based 'brain health' activities to foster cognitive skills, well-being, creative expression, and social connection.

**Comprehensive Center for Brain Health**

7700 W. Camino Real, Suite 200, Boca Raton, FL 33433

561-869-6828 | Email: [CCBHevents@miami.edu](mailto:CCBHevents@miami.edu) | Web: [UMiamiBrainHealth.org](http://UMiamiBrainHealth.org)

Building A Better Brain, Building A Better You.