

Learn the Art of Zentangle

Wed, Feb 12,
1:30 pm - 3:00 pm

Want to learn how to relax while drawing? Zentangle is an easy art method that creates beautiful images by drawing structured patterns.

Draw with black ink on miniature white paper tiles. Zentangle is not about right or wrong. Instead, it is the process that matters.

Facilitated by the University of Miami Miller School of Medicine, Comprehensive Center for Brain Health. Preregister.



UNIVERSITY OF MIAMI
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