



UNIVERSITY OF MIAMI
MILLER SCHOOL OF MEDICINE

COMPREHENSIVE CENTER
for BRAIN HEALTH

Folding Fun with Origami Art

A beginner-level workshop in the art of paper folding.

Learn folding techniques to create models while exercising skills in concentration, memory, spatial awareness, and fine motor.

Origami provides opportunity to create in a relaxed and focused practice to reduce stress and promote mindfulness.

August 19, 2024

11:00 am - 12:00pm

FREE EVENT

at

Compass Community Center

201 N. Dixie Hwy

Lake Worth Beach, FL 33460



Instructor: Davy Yue, Mental Health Consultant

Questions: Call Deborah Germain 561-869-6823
Project Manager, Comprehensive Center for Brain Health

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Research | Clinical Care | Education | Outreach

Building A Better Brain, Building A Better You.