CCBH Newsletter

Volume 2, Issue 1. January 2024 Highlights from Aug 2023 - Dec 2023



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Research

Our research efforts and impact stretch globally to the American Samoa. CCBH traveled 6,680 miles to visit our research colleagues and friends.



Nov 2023. Our site visit to American Samoa for Puipui Mala Manatu (*Preserving Memories*) included research visits, mental health conference presentations, community partner meetings, and our first consensus conference. We are very grateful for the warm and welcoming hospitality graciously provided by our hosts during our visit.

UM MSOM Awarded \$3.3 Million Grant

The Native Alzheimer's Disease Resource Center for Minority Aging Research (NAD-RCMAR)

Dr James E. Galvin will lead the project along with colleagues from Washington, Arizona, North Carolina, and New Mexico.

The grant supports a research consortium to advance the understanding of AD in American Indian, Alaska Native, Native Hawaiian, and Pacific Islander populations.

Education

We provide multiple education events throughout the year, including full-day conferences, multi-class series, and single presentations. Our Founding Director, Dr. James E. Galvin, and his team offer a variety of brain health topic presentations for clinical or community audiences.

Oct 2023. Hot Topics in Brain Health Conference.



Oct - Nov 2023. A 5-Class Series at Delray Beach Library. Movement Matters, MIND Diet, Sleep Hygiene, Learning throughout the Lifespan, and Rx Mindfulness.



Coming NEXT!

April 2024
Education Luncheon
Click for details.

Free Event, Limited Seats Vendors, Raffles, Dr. Galvin - Key Note UM Faculty Speakers, New Topics

PUBLICATIONS

Sept 2023. Authors Magdalena I. Tolea, Reem Ezzeddine, Simone Camacho, and James E. Galvin. "Emerging drugs for dementia with Lewy Bodies: a review of Phase II & III trials."

DOI: org/10.1080/14728214.2023.2244425

Sept 2023. Author James E. Galvin. "Caregiver preparedness is associated with desire to seek long-term care admission of hospitalized persons with dementia." DOI: 10.1002/gps.6006

Oct 2023. Authors Lilah M. Besser, Simone Camacho, and James E. Galvin. "Neighborhood greenspace and neighborhood income associated with white matter grade worsening: Cardiovascular Health Study." DOI: 10.1002/dad2.12484

Team Spotlight 🐫

Oct 2023. Authors Lilah Besser, Stephanie Chrisphonte, Michael J. Kleiman, Deidre O'Shea, Amie Rosenfeld, Magdalena I. Tolea, and James E. Galvin. "The Healthy Brain Initiative (HBI) A prospective cohort study protocol." <u>PMID: 37889891</u>

Dec 2023. Author Dr. James E. Galvin. "The age-specific comorbidity burden of mild cognitive impairment: a US claims database study." DOI: 10.1186/s13195-023-01358-8

MEDIA COVERAGE. Oct-Nov 2023. Dr. Lilah M. Besser's research in greenspace exposure and risks of Alzheimer's disease and related dementias was featured on <u>CBS 4</u>, and <u>Local 10</u>, and in <u>Yahoo News</u>, <u>SFLHN</u>, and <u>Psychiatric News</u>.



RESEARCH RECOGNITION. Dec 2023.

lris R. Cohen, Licensed Clinical Social Worker and Adolfo Henriquez, Clinical Research Coordinator received professional recognition for their clinical service in the PACE-DLB study.

The ongoing study explores disease progression and care needs for people living with advanced LBD.

Research Caravan

We provide research opportunities through out Palm Beach and Broward counties with our Mobile Research Team. We come to your community.

Mitchell Moore Rec Ctr in Pompano Bch

SW Focal Point in Pembroke Pines

Body Of Christ Church in **Oakland Park**











Maryann Levy, BS

Clinical Research Coordinator. I recently completed my BS in Biomedical Sciences with a focus on Neuroscience and have a strong interest in neurology and advancing medicine through research. My role supports multiple research studies.



Dutreach

We provide participatory activities in learning, social connection, creativity, movement, and enrichment to support healthy brain aging.

Zentangle Art in the community with Mind & Mobility, **Boca Raton**



Drumming in the community with the Volen Center, Boca Raton



Ageless Grace Exercise in the community with Pompey Recreation Center Senior Club, Delray Beach



Origami Art in the community with Delray Verena



Neurographic Art on site at CCBH and by virtual attendance with UM Sylvester



Madeleine Tourelle, MS.

GIS Research Associate. I earned my B.A. in Geosciences, my M.Sc. in Geosciences with a minor in Geology, and earned multiple certifications for extensive studies in GIS, Remote Sensing, and LiDAR technology. My role supports GIS research and analysis of ADRD's relation to Green Space.

Deborah Germain, BS

Project Manager for Research Support. I earned my B.S in Biomedical Sciences and Biotechnology and currently completing my MPH in Global Public Health. I have a passion for educating people about health disparities and bridging the gap to access. My role manages community relationships to expand partnerships and research impact.



Research Associate. I am freshly minted with my Master's in Biomedical Sciences and my passion for neurology is unwavering. Beyond synapses, I've turned the world into my classroom, exploring its wonders far and wide. My role supports multiple research studies.



CCBH loves networking events, health fairs, and walks. Invite us to yours!







Thank you for your continued participation in our research. The science you contribute allows us to continue working in our research to change the expectations of aging and neurodegenerative disease. Please contact us to collaborate or support our research, education, or outreach efforts. Phone: 561-869-6808 Email: healthybrain@miami.edu Web: umiambrainhealth.org

Follow us at **#UmiamiCCBH**



